

Training Tennis Fundamentals and Physical Fundamental Movements

TDC Workshop

APRIL 16TH, 2019 – 8:45AM – 12:00PM

VENETO TENNIS CLUB

The Tennis Professionals Association (TPA) is proud to present the TDC workshop! The workshop will focus on developing the tennis and physical fundamentals using the LTAD evaluation tool and the physical tests to identify priorities. This is an on-court workshop and participation is required.

This event will feature **Jocelyn Robichaud** Director of High-Performance Coaching Development and **André Parent** National fitness coach for Tennis Canada.

*Note: it is important to be working in a high-performance coaching environment to assist at this workshop so you can relate and apply the content directly on the court.

Schedule, Location & Topics:

TDC Workshop at Veneto Tennis Club	
Locations: 7465 Kipling Avenue, Woodbridge, ON L4L 1Y5	
Schedule 8:45 am to 12pm	
<p>On-court with André Parent (90min)</p> <ul style="list-style-type: none"> Developing and training fundamental movements <p>On-court with Jocelyn Robichaud (90min)</p> <ul style="list-style-type: none"> Training fundamentals using the LTAD and the HP Quality Standards 	

Cost & Registration Info:

Workshop Date	Designation TDC	Other Coaches	to Register
April 16th	FREE for all coaches	\$39 + tax for other coaches \$79 + tax for non-members	Click here

For more information please call (416) 650-7938 or email jleung@tenniscanada.com

Deadline to Register: April 9th, 2019