

# INSIDE COACHING



## Say Hello to the new coach.ca

Monday, March 9th saw the launch of our new web site! The new coach.ca boasts many important upgrades that elevate the digital experience that the CAC can now offer to coaches.

### **What's new?**

- A clean and modern layout
- A responsive platform that delivers a better experience on any device
- An updated information architecture, improved search capabilities, and refreshed content

We'd love to hear what you think about the new coach.ca. [Drop us a line!](#)

**EXPLORE THE NEW COACH.CA**



### **Athletes and coaches needed: Gender-based Violence Survey**

The CAC needs athletes aged 16 to 24, and coaches who work with athletes aged 16-24 years to participate in two surveys for its Gender-based Violence/Teen Dating Violence in Sport Project

The 10-minute surveys will assess the educational and support needs of coaches in preventing and addressing gender-based and teen dating violence. Interested?

[Take the survey today!](#)



### **#CoachToolKit: The importance of communication**

In the latest #CoachToolKit presented by TeamSnap, listen to Perry Pearn, ChPC, talk about developing good relationships with your athletes through constant communication.

Looking for more advice? [Visit our Coaching Tips page](#) for a variety of helpful tips from successful coaches across Canada.



### **Statement from the CAC on COVID-19**

The health and safety of our employees, partners, and the coaches we serve in Canada, as well as upcoming events, are our priority. After reviewing the relevant positions from the Public Health Agency of Canada, Canada's Chief Public Health Officer, and the Government of Canada, the CAC has decided to postpone all its upcoming events until April 20, 2020.

[Read the full statement here.](#)



### **Coach's Kitchen Recipe of the month: Easy Egg Cups**

Topped with a glass of 100% juice, these easy egg cups will fuel your athletes for that early morning training. Get the full recipe and sport benefits here.

Enter the Coach's Kitchen for more easy make-at-home recipes from certified Sport Nutritionist Angela Dufour!



### **Call for Proposals: 2020 Petro-Canada Sport Leadership sportif conference**

Theme: Courage is a journey. To be great leader is to have courage to embrace a world of constant change, and still be great in the here and now. Our sport community encompasses daring leaders and courageous change makers.

Interested in presenting? Please complete this short survey.



## **Apply for the Coaching Education Program!**

Game Plan and the CAC are excited to announce that the Coaching Education Program application window is now open!

The program will provide up to \$1,000 to athletes who are looking to take the NCCP Advanced Coaching Diploma or aiming to coach in the Competition-Development stream. The deadline to apply is **March 27**. For more information, [visit the Game Plan website](#).



## **Nominate a coach for a CAC Award**

The CAC strives to recognize and celebrate outstanding coaches in a variety of roles, from community coaching and peer mentorship to high performance and lifetime achievement.

The nomination period for the Geoff Gowan "Lifetime Achievement" Award and the NCCP Coach Developer Awards will open March 23. For more information, visit our [Awards & Recognition webpage](#).

**Subscribe to Inside Coaching!**

## **Events**

The CAC has decided to postpone all its upcoming events until April 20, 2020 due to COVID-19. [Read the full statement](#).

Applications are now being accepted for the following [NCCP ACD programs](#)

- [Institut National de Sport Québec: June 1, 2020](#)
- [Canadian Sport Institute Ontario: June 1, 2020](#)

November 5-7, 2020: [Petro-Canada Sport Leadership sportif conference](#), Québec City. QC

Find events near you through the [Décathlon Community App](#).

Calendar: [NCCP Workshops](#)

Calendar: [Core Training for Coach Developers](#)