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NOLUCION

LONG TERM ATHLETE DEVELOPMENT **STAGES**

LIVING AS A **PROFESSIONAL**

LEARNING TO BE A PROFESSIONAL

LEARNING TO **PERFORM**

CONSOLIDATING

DEVELOPING

Learn fundamental movement skills and build overall motor skills. Learn the FUNdamentals and have fun through progressive tennis and other sports

TENNIS FOR LIFE

FIRST CONTACT

Try wheelchair tennis and be introduced to the fundamental movements

AWARENESS

Wheelchair tennis, benefits, and playing opportunities









WHEELCHAIR **TENNIS:** A SPORT FOR LIFE

