

# INSIDE COACHING



## Canadian Journal for **Women in Coaching**



### **The Black Box of Pay Equity in Canadian Sport Coaching**

Does the push for equal pay for female athletes extend to female coaches as well? [Read the latest Canadian Journal for Women in Coaching](#) where Olympic medallist and academic Claire Carver-Dias examines the data for female coaches in Canada.



### **Apply now for the Enhanced Female Mentorship Program!**

The CAC is enhancing its Women in Coaching program to include a Female Mentor Development Program. Mentorship is a proven strategy in the recruitment, retention, development and advancement of women in the workforce.

Find out about the [program's goal, objectives, and more](#). Applications must be submitted by **January 24, 2020**.



### **#CoachToolKit: Help your athletes reach their full potential**

“Have confidence in what you do as a coach, and that confidence will instill confidence in your athletes.”

[In the latest #CoachToolKit](#), presented by TeamSnap, Hockey Canada women's coach Troy Ryan, ChPC®, gives us a few important coaching tips to help athletes reach their full potential.

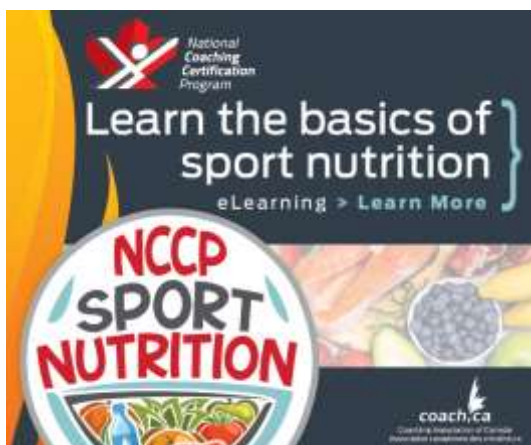


### **#CheckForConcussion Awareness Campaign**

Asking someone “Are you OK?” after a hard fall is not enough. You should be checking to make sure that person hasn't suffered a concussion.

Parachute Canada has created a national awareness campaign for recognizing potential concussions. Take a minute to watch [this powerful video](#) featuring Canadian sports stars Scott Moir, Marie-Philip Poulin, Cindy Ouellet, and

Steve Podborski, and learn more about concussions at [parachute.ca/Concussion](http://parachute.ca/Concussion).



### **Help us Build an Inclusive and Diverse Coaching Environment**

The CAC is committed to developing and fostering an inclusive and diverse coaching environment. To that end, we want to better understand the diverse demographics and experiences of our coaches.

Our first step is to invite you to [complete this 10-minute survey](#). Your responses are completely voluntary, the information you provide will be anonymous, and your privacy will be protected. The survey will be open until January 24. If you have any questions, please contact [Isabelle Cayer](#). Thank you for your participation.



**Leslie Sproule, ChPC, a driving force for professional coaching in Canada**

When she began her coaching career in 1979, the concept of coaching as a profession in Canada was in its infancy.

As she steps down as chair of the CAC License and Registration Committee, she and her CAC peers reflect on the remarkable progress of the profession. [Read more.](#)



**Ottawa selected as host city for the 2021 Petro-Canada Sport Leadership sportif conference**

“We are thrilled to return to Ottawa in 2021,” said Lorraine Lafrenière, Chief Executive Officer of the CAC. “Ottawa is home to many of our partners in Canada’s sport system and we are delighted to invite the rest of our community to enjoy our city’s vibrant sport culture.” The event was last held in Ottawa in 2018.

Ottawa Tourism looks forward to hosting Canada’s premier sport leaders in their capital city, said Michael Crockatt, President and CEO of Ottawa Tourism.



## [WADA 2020 Prohibited List](#)

The Canadian Centre for Ethics in Sport (CCES) would like to remind the sport community in Canada that the World Anti-Doping Agency's (WADA) 2020 Prohibited List is now in effect.

Please see the [Summary of Major Modifications and Explanatory Notes](#) for an exhaustive list of changes.

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## Events

January 28-30, 2020: [Sport for Life Canadian Summit](#), Gatineau

April 24-26, 2020: [Ontario Coaches Conference](#), Hamilton

June 10-12, 2020: [Conversation 2020 Women and Sport](#), Quebec City

Applications are now being accepted for the following [NCCP ACD programs](#)

- [Institut National de Sport Québec: June 1, 2020](#)
- [Canadian Sport Institute Ontario: June 1, 2020](#)

November 5-7, 2020: [Petro-Canada Sport Leadership sportif conference](#), Québec City

Find events near you through the [Décathlon Community App](#).

Calendar: [NCCP Workshops](#)

Calendar: [Core Training for Coach Developers](#)

## **SUBMIT YOUR EVENT**



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