

Quality Standards for Kids Tennis Programs

PROGRAM SELF-ASSESSMENT CHECKLIST

PROGRAM/COACH NAME:

ASSESSMENT DATE:

Use this checklist to highlight program strengths and identify areas for improvement. If you can answer 'yes' to the main question in each of the six categories then you are delivering a quality program. Otherwise, use the Follow Up Suggestions at the bottom of this page to improve the areas identified.

For each category, place a '✓' beside the actions/ behaviours you observe during the program

CARING INSTRUCTOR

IS THE INSTRUCTOR CARING/
PROFESSIONAL?

Yes

☐

No

☐

- ☐ Knows and uses player names
- ☐ Provides individual attention/ feedback
- ☐ Supportive, positive & enthusiastic
- ☐ Professional demeanour & appropriate attire
- ☐ Prepares activities with care
- ☐ Displays fairness
- ☐ Leads group and communicates clearly

CHALLENGE

IS THE CHALLENGE LEVEL
APPROPRIATE?

Yes

☐

No

☐

- ☐ Challenge is at player's level
- ☐ Challenge level adjusted when needed
- ☐ Players are grouped appropriately
- ☐ Ensures proper size equipment and adequate rules
- ☐ Demonstrates all skills and drills correctly

MAKE FRIENDS

ARE PLAYERS MAKING SOCIAL
CONNECTIONS?

Yes

☐

No

☐

- ☐ Encourages cooperation & friendship
- ☐ Actively encourages teamwork during play & practice
- ☐ Promotes team responsibilities & cooperation
- ☐ Facilitates supportive relationships and proper social interaction

IMPROVEMENT

ARE PLAYERS IMPROVING?

Yes

☐

No

☐

- ☐ Practice activities improve point play
- ☐ Organization provides repetition of skill being developed
- ☐ Play-Practice-Play format (drills lead to better play)
- ☐ The program follows a plan

ACTIVE PARTICIPATION

ARE PLAYERS ACTIVELY PARTICIPATING?

Yes

☐

No

☐

- ☐ Play/ Practice organization promotes active participation
 - * limit wait times, maximize number of opportunities to engage in practice & skill development
- ☐ Coach maintains a safe & controlled environment
- ☐ Players actively participate at least 45 min out of 60 min session
 - * inactivity = picking up balls, waiting in lines, water breaks, listening to instructions etc.

FUN

ARE PLAYERS DEVELOPING A LOVE FOR
THE SPORT?

Yes

☐

No

☐

- ☐ Caring Instructor
- ☐ Make Friends
- ☐ Challenging
- ☐ Active Participation
- ☐ Improvement
- ☐ Maintains a high student retention rate - helps 'grow the game'
- ☐ Promotes tennis as a sport for life

ADDITIONAL COMMENTS

AREAS FOR IMPROVEMENT

Priority #1:

Priority #2:

Priority #3:

FOLLOW-UP SUGGESTIONS

If you can answer 'yes' to the main question in each of the six categories then you are delivering a quality program.

If you cannot answer 'yes' to the main question in each of the six categories then :

- If you are an Instructor conducting a self-assessment, consider how you might improve the area identified. Perhaps seek feedback/ suggestions from your peers or your program leader.
- If you are a Program Leader or Supervisor conducting the assessment for one of your Instructors, open a dialogue to offer support and strategies to improve the areas identified.