



WHEELCHAIR WORKSHOP INFORMATION GUIDE



What is the Wheelchair Tennis Instructor Workshop?

The objective of the Tennis Canada Wheelchair Tennis Instructor Workshop is to provide volunteers and certified Tennis Canada Instructors with tools to help organize dynamic, safe, fun, and active learning environments so introductory wheelchair players can **learn** and **play**. It provides a working knowledge of wheelchair specific technical instruction and equipment information. This is a 'supplemental' course designed to be used in conjunction with the Tennis Canada Instructor Course information and materials.

Who is the workshop for?

This workshop is for anyone interested in the competencies required to introduce wheelchair tennis starter players (i.e., certified tennis coaches, school teachers, recreational therapists, program volunteers, etc.). A tennis background is desirable but not required. Instructors are trained to use progressive tennis as well as wheelchair mobility skills in group lessons at parks, community courts, in school gyms as well as rehabilitation center gymnasiums. All participants will receive a certificate of participation upon workshop completion; however, only Tennis Canada certified coaches are eligible to have the course count on their certification record and classified as a recertification opportunity.

What will I learn?

This workshop develops the leadership skills of an enthusiastic wheelchair tennis instructor who organizes practice and play, makes tennis accessible and simple to learn, and promotes friendships that support the growth and retention of starter players. This role in our tennis community is critical. For wheelchair tennis to grow and for players with a physical disability to stay in the game, they need to experience enjoyment and improvement. In this course you will experience and develop the qualities associated with a positive, motivating leader. As well, you will be trained to scale and modify the game your students with a physical disability can experience success with activities that challenge them with the right skills and play for their level.

More specifically, the *Wheelchair Tennis Instructor Workshop* is organized around 3 main competencies:

1. **Coaching Communication:**
 - Be able to use a cooperative coaching communication style to build rapport with players with a disability
 - Be able to communicate in an enthusiastic, professional and caring manner.
2. **Tactical/Technical knowledge:**
 - Understand wheelchair tennis equipment (chair, strapping, racquet, quad taping)
 - Understand a "Game-based" development path for introductory players
 - Understand basic tactics for singles & doubles
 - Understand the Mobility Cycle
 - Understand how to evaluate and correct effectiveness using the 5 Ball Controls
 - Understand application of the 5 Technical Fundamentals to Wheelchair tennis
3. **Implementation:**
 - Be able to introduce, set-up and run mobility drills
 - Be able to evaluate, train, and progress basic Ball control and 5 Fundamentals
 - Be able to take introductory players through a basic development path

What are the course prerequisites?

1. Minimum age: 16 years (may take course at 15 years and evaluated/certified on or after 16th birthday)
2. Minimum level of play: None
3. Minimum Certification Requirement: None. However, any person with certification will have this professional development course appear on their TPA coaching record.
4. A general desire to acquire the skills to coach entry level wheelchair tennis players.

How will I be evaluated?

There is no formal evaluation process as part of this workshop.

100% attendance over the duration of the one day (6 hour) workshop is mandatory and candidates are expected to fully participate in all on and off court activities and assignments in order to receive a certificate of participation (and for already certified individuals to have this professional development workshop appear on their TPA coaching record).

Who will lead the course?

The course will be by Tennis Canada Course Facilitators who are trained and developed in accordance with the Coaching Association of Canada's NCCP Learning Facilitator and Evaluator Competency requirements.

Who will deliver the workshop?

A Tennis's Canada's certified wheelchair tennis instructor workshop course facilitator (depending on the province).

What is a typical course schedule/structure?

Candidates must attend a one day 6 hour workshop along the following general timeline:

- Saturday or Sunday: 9 am – 4 pm (including one hour lunch break)

This structure may be altered depending on specific circumstances related to facility availability or other constraints.

How much does it cost?

Contact your [Provincial Tennis Association](#) or visit the [TPA website](#).

How do I register for the workshop?

Contact your [Provincial Tennis Association](#) or visit the [TPA website](#).

For further information you may also contact:

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