

From Physical Testing to the Development of Motor Skills and Fundamental Movements

JUNE 22TH, 2018 – 9:00AM – 12:30PM

ALBERTA TENNIS CENTRE

The Tennis Professionals Association (TPA) is proud to present a physical development workshop! *The emphasis will be on the objectives, the characteristics and the criteria on a physical test evaluation.*

This event will feature **André Parent and Nicolas Perrotte** and will be hosted at the Alberta Tennis Centre. The workshop is free for Gold, Silver and Bronze recognition TDC's: with unlimited number of TDC Coaches. Other TDCs: can bring one coach if they are Coach 2 or above for free and must pay \$39 plus taxes for any additional coaches (but must be coach 2 or above).

André Parent is the National Fitness Coach for Tennis Canada and Nicolas Perrotte is the Head National Fitness Coach.

Schedule, Location & Topics:

How to use our physical tests to personalize the training and benefit technical progress

Location: 295 90 Ave SE, Calgary, AB T2J 0A1

Schedule 9 am to 12h30pm

Topics

- Performance evaluation (measurables) and level of technical efficiency (observables)
- Video tools to collect and interpret the results
- Video tools for a better technical efficiency
- Other points that will be seen: Philosophy, Methodology, Protocols, Observation sheets and norms

Cost & Registration Info:

Workshop Date	Gold, Silver, Bronze designation TDC	Other TDC's and coaches	to Register
June 22th, 2018	FREE for all coaches	FREE for 1 coach 2 or above at TDC; \$39 + tax for other coaches (C2 or above)	Send an e-mail to Joan at jleung@tenniscanada.com

For more information please call (416) 650-7938 or email jleung@tenniscanada.com

Deadline to Register: June 20th, 2018