

## From Physical Testing to the Development of Motor Skills and Fundamental Movements

**JUNE 13<sup>TH</sup>, 2018 – 9:00AM – 12:30PM**

**AVIVA CENTRE**

The Tennis Professionals Association (TPA) is proud to present a physical development workshop! *The emphasis will be on the objectives, the characteristics and the criteria on a physical test evaluation.*

This event will feature **André Parent and Nicolas Perrotte** and will be hosted at the Aviva Centre. The workshop is free for Gold, Silver and Bronze recognition TDC's: with unlimited number of TDC Coaches. Other TDCs: can bring one coach if they are Coach 2 or above for free and must pay \$39 plus taxes for any additional coaches (but must be coach 2 or above).

André Parent is the National Fitness Coach for Tennis Canada and Nicolas Perrotte is the Head National Fitness Coach.

### Schedule, Location & Topics:

How to use our physical tests to personalize the training and benefit technical progress

Locations: 1 Shoreham drive, Toronto, ON M3N 3A6

Schedule 9 am to 12h30pm

**Topics**

- Performance evaluation (measurables) and level of technical efficiency (observables)
- Video tools to collect and interpret the results
- Video tools for a better technical efficiency
- Other points that will be seen: Philosophy, Methodology, Protocols, Observation sheets and norms

### Cost & Registration Info:

Workshop Date	Gold, Silver, Bronze designation TDC	Other TDC's and coaches	to Register
<b>June 13<sup>th</sup>, 2018</b>	<b>FREE</b> for all coaches	<b>FREE</b> for 1 coach 2 or above at TDC; \$39 + tax for other coaches (C2 or above)	Send an e-mail to Joan at <a href="mailto:jleung@tenniscanada.com">jleung@tenniscanada.com</a>

For more information please call (416) 650-7938 or email [jleung@tenniscanada.com](mailto:jleung@tenniscanada.com)

**Deadline to Register: June 10<sup>th</sup>, 2018**