

Using the LTAD Competencies in your Daily Practice

TDC Workshop

MAY 2ND, 2018 – 9:00AM – 12:00PM

AVIVA CENTER

The Tennis Professionals Association (TPA) is proud to present the TDC workshop! The workshop will focus on using the LTAD evaluation tool to identify priorities, knowing the final skill and then how to break down/develop the priorities systematically over a number of practices. *The emphasis will be on defensive situations.* This is an on-court workshop and participation is required.

This event will feature **Jocelyn Robichaud** and **André Parent** and will be hosted at the Aviva Center. The workshop is free for Gold, Silver and Bronze recognition TDC's: with unlimited number of TDC Coaches. Other TDCs: can bring one coach if they are Coach 2 or above for free and must pay \$39 plus taxes for any additional coaches (but must be coach 2 or above).

Jocelyn Robichaud is the Director of High Performance Coaching Development for Tennis Canada, André Parent is a National Fitness coach for Tennis Canada.

Schedule, Location & Topics:

TDC Workshop at Aviva Center

Locations: 1 Shoreham drive, Toronto, ON M3N 3A6

Schedule 9 am to 12pm

On-Court Topics

- Ability to defend including staying in the point, neutralizing and counter-attacking
- Ability to disguise passing shots and lobs
- Tactical skills required to effectively counter attack when opponent is coming to the net (i.e. two time passing)

Physical Development

- Planning

Cost & Registration Info:

Workshop Date	Gold, Silver, Bronze designation TDC	Other TDC's and coaches	to Register
May 2 nd , 2018	FREE for all coaches	FREE for 1 coach 2 or above at TDC; \$39 + tax for other coaches (C2 or above)	Send an e-mail to Joan at jleung@tenniscanada.com

For more information please call (416) 650-7938 or email jleung@tenniscanada.com

Deadline to Register: April 25nd, 2018